

JOIN IN ON THE FUN!

Tuesday, May 9th
11:30am -1:00pm

UMW FACULTY & STAFF
VOLLEYBALL &
GAMES

CELEBRATING
VIRGINIA PUBLIC
SERVICE WEEK



WHERE

Goolrick Gym

Dress to Move & Wear Athletic Shoes

Please sign up online to play **volleyball**, and request a game time. Team sign up is not required to participate. Individual sign up is encouraged and welcomed!

CLICK OR FOLLOW THE LINK BELOW TO SIGN UP FOR A VOLLEYBALL GAME TIME

<http://sac.umwblogs.org/2017-virginia-public-service-week-event-sign-up/>

COME & PLAY

VOLLEYBALL
CORNHOLE
GIANT JENGA
GIANT CONNECT
FOUR

SAMPLE CLASSES

- 11:30 - Yoga for the Office
- 12:00 – Band Exercises
- 12:30 – Indoor Cycle

FITNESS CENTER
TOURS

11:00AM UNTIL 1:30PM



HOSTED BY

The Staff Advisory
Council



in partnership with
Campus Recreation