

Give yourself the gift of wellness!

A healthy holiday starts with WW's science-backed weight-loss program. Reach your goals—without giving up your favorite seasonal foods.

You deserve to put yourself first.
Join WW now and get a **FREE Starter Kit.***
It's packed with products that will help you reach your goals.



Start your journey today—you deserve this!

Step 1

Sign up for WW from November 1 to December 12 at [WW.com/us/CommonHealth](https://www.weightwatchers.com/us/CommonHealth)

All Commonwealth of Virginia employees, spouses, and adult dependents (18+) are eligible for an upfront 50% discounted WW membership.

Step 2

Redeem your FREE Starter Kit by December 26 at [WW.com/atworkgift](https://www.weightwatchers.com/atworkgift)

***FREE STARTER KIT OFFER:** To get a free kit, you must purchase a WW membership plan from 11/1/20 to 12/12/20. Available only where WW membership plans are offered through your employer or health plan, and in participating areas only. One kit per member. Kit must be redeemed by 12/26/20. While supplies last. U.S. addresses only: no P.O. boxes or APO/FPO boxes. Please allow at least 3 to 4 weeks for delivery. Offer not available to current members. Offer may be revoked at any time and may not be redeemed for cash. Nontransferable. Void where prohibited.

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Wellness that Works.™