

WORKERS COMPENSATION PROVIDER LIST

PRIMARY CARE PANEL

<p>Patient First 3031 Plank Road Fredericksburg VA 22401 540 736 5043 Daily 8:00-10:00</p>	<p>Prime Care Urgent & Family Care 9763 Courthouse Road Spotsylvania VA 22553 540 786 1200 M-F 8:00-8:00; Weekends 9:00-4:00</p>	<p>Mary Washington Primary Care 10502 Rhoads Drive Fredericksburg VA 22407 540 710 9100 M-F 7:30 – 4:30</p>
<p>Stafford Urgent Care 422 Garrisonville Road, Suite 111 Stafford VA 22554 540 720 8000 M-F 8:00-4:00</p>		

OPHTHALMOLOGY PANEL

<p>Dr. Arash Mansouri Access Eye 110 Cambridge Street Fredericksburg VA 22405 540 371 2020 M, W, TH-F 8:00-5:30; T 8:00-7:00; S 8:00-1:00</p>	<p>SIEHT 12 Chatham Heights Road, Suite 100 Fredericksburg VA 22405 540 371 2777 M-F 8:00-4:00</p>
<p>Retina Institute of Virginia 1671 Jefferson Davis Highway, # 103 Fredericksburg VA 22401 540 368 5230 M-F 8:00-4:00</p>	

ORTHOPEDIC PANEL

<p>Dr. Andre Eglevsky Center for Orthopedics 2201 Charles Street, Suite 101 Fredericksburg VA 22401 540 371 5333 M-TH 8:30-4:00; F 8:30-Noon</p>	<p>Dr. Kostas Constantine (Hand, wrist & upper extremity) Dr. Brian McDermott (Knee & hip replacement, sports medicine) Dr. Kenneth Accousti (Shoulder & elbow, sports medicine) Dr. David Zijerdi (General, joint & trauma, sports medicine) Dr. Ali Hashemi (General orthopedics, orthopedic trauma, shoulder, elbow, wrist, hand, pediatric orthopedics) Dr. Wahid Baqaie (Cervical, thoracic & lumbar spine surgery & medicine) Dr. Michael Bowen (Podiatry, foot & ankle) Dr. Christopher Richards (Adult & pediatric sports medicine, orthopedic trauma) Mary Washington Orthopedics 3310 Fall Hill Avenue Fredericksburg VA 22401 540 372 4221 M-F 8:00-5:00</p>
<p>Orthopedic & Sports Physical Therapy Associates 421 Chatham Square Office Park Fredericksburg VA 22405 540 373 3031 M-TH 7:00-7:00; F 7:00-4:00</p>	<p>Orthopedic Specialty Clinic 2800 Welford Street, Suite 100 Fredericksburg VA 22401 540 361 1830 M-F 7:30 - 3:30</p>