



OPEN ENROLLMENT - MAY 2 - 16, 2022
EFFECTIVE FOR PLAN YEAR JULY 1, 2022 - JUNE 30, 2023

■ PREMIUM AND PLAN BENEFITS **MAY CHANGE** SUBJECT TO FINAL STATE BUDGET APPROVAL. ■

SPOTLIGHT ON YOUR BENEFITS



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Get Ready for

CARDINAL HCM USERS ISSUE

Time for Annual Open Enrollment!

April 28, 2022

Open Enrollment is May 2-16, 2022. This window is your chance to enroll in a health plan and/or a flexible spending account (FSA), change your health plan, add or remove family members or waive state health coverage.

Changes to your premiums, health benefits and FSAs will take effect on July 1, 2022.

Be sure to read the [Spotlight newsletter](#), which was mailed to your home address.

Or you can visit the [Open Enrollment page](#) for more information.

Health Plan Choices	Available
COVA Care	Statewide and elsewhere
COVA HealthAware	Statewide and elsewhere
COVA HDHP	Statewide and elsewhere
Kaiser Permanente HMO	Regional, mostly in Northern Virginia
Optima Health HMO	Regional, mostly in Hampton Roads
TRICARE Supplement	Statewide and elsewhere for participants or spouses who are military retirees

Make your elections **beginning May 2** using [Cardinal HCM Employee Self-Service \(ESS\)](#) or mail, fax or email an enrollment form to your Benefits Administrator.

Enroll or make changes on time! The deadline is Monday, May 16, 2022.

Need Help? Confer with Alex!

Not sure which health plan is best for you? Talk to ALEX, your online benefits counselor! [ALEX](#) evaluates your input and recommends a plan tailored just for you. And you can even check with Alex on [your smartphone!](#)

Questions?

Contact your Benefits Administrator or send an email to openrollment@dhrm.virginia.gov.