



## Financial Wellness Events and Resources - August 2021

Dear State Employees:

Your financial wellness will remain one of our top priorities in 2021. Please check out [this month's financial wellness newsletter](#) and the new items below to obtain the details of the financial education offerings and resources.

### New!

- **CommonHealth Bite-sized Learning Videos.** Click to [Learn How To Relieve Financial Stress!](#)
- **Virginia Credit Union (VACU).** The State Employee Financial Wellness Program invites you to view a VACU webinar titled "Check Your Financial Health." Get your finances into shape through the Financial Fitness Academy. With more than 200 short learning sessions, you can slim down your debts, pump up your credit, and make your accounts a lot healthier. Test your financial health, then benefit from your personalized training program. And you can track your progress with our quizzes and badges! [View Now!](#)
- **VACU Creative Ways to Save (CWTS) Program.** A new savings initiative to encourage establishing emergency savings. Newer/younger employees and new families are encouraged to participate. [Click Here To Start Saving!](#)
- **Virginia529.** Please join the Virginia529 for a webinar on **Tuesday, August 10th from 12 - 1 p.m.** for Commonwealth employees. Watch this webinar to learn about saving for future education expenses for your children, grandchildren, or yourself. [Click HERE to register.](#)
- **VRS Financial Wellness Resources.** Keep track of your income and expenses with the Budget tool from [myVRS Financial Wellness](#). See how much you really spend and where you can add more to your savings. Log in to your [myVRS account](#) and select Financial Wellness to access this tool and build your budget.

- **Virginia Department of Treasury's Unclaimed Property Division.** Tasked with reuniting citizens with their lost funds, unclaimed property can include dormant bank accounts, uncashed checks, stocks and dividends, insurance proceeds, refunds, and more. One in four Virginians has missing money. Visit our free search site to check your name and start the claim process. [www.vaMoneySearch.org](http://www.vaMoneySearch.org).
- **Employee Assistance Program (EAP).** Legal resources, estate planning products, counseling, employee discounts, health & wellness, etc. [Employee Assistance Program](#).

Thank you,

Employee Financial Wellness Program